Workplace Bullying is Not OK

Bullying is **repeated** harassment that intends to harm the victim or create a power imbalance.

Bullying behaviors include **gossip** and rumors, **threats**, persistent **criticism**, **undermining** an employee's work and **verbal abuse**.

If You Witness Bullying:



If you witness or experience bullying behaviors, take note of details of the incident. **Who** was involved? **What** was said? **When and where** did it happen?



Report the incident right away. **Tell your manager** what happened or, if you worry about your wellbeing, **use one of our reporting systems**:

Call:

Report Online:



